

## **Tuesday 20th October 2020 - FOR INFORMATION ONLY**

Letter to parents in Years 7 and 8 (with the exception of 7H, 7Y, 7E and 8E) who attended school on Thursday 15<sup>th</sup> October and Friday 16<sup>th</sup> October.

## Ysgol Harri Tudur/ Henry Tudor School

Your child is NOT being asked to self-isolate and this letter is for information.

Dear Parent / Guardian,

We have been informed that another individual at our school has today tested positive for COVID-19.

We would like to reassure you that there is no immediate cause for concern and want to provide you with as much information as possible.

We are working closely with Pembrokeshire County Council, Hywel Dda University Board and NHS Wales Test, Trace, Protect (TTP), and are following all the advice and guidance provided to us.

Staff members / pupils identified as close contacts, have been / will be contacted by the TTP Team and requested to self-isolate for a period of 14 days as a precautionary measure. If your child was in school on Thursday 15th October or Friday 16th October and are not in any of the classes 7H, 7Y, 7E and 8E, they are not being asked to self isolate.

This process of testing and contact tracing is part of the 'new normal' and where schools follow these guidelines carefully, there is no cause for alarm.

We would like to take this opportunity to remind you that if you, your child or anyone you live with, begins to display the following symptoms you must all stay at home and follow advice from Public Health Wales:

- A new continuous cough and/or
- A high temperature
- A loss of or change in your normal sense of taste or smell.

Hywel Dda University Health Board recommends testing only for those with a new continuous cough, a high temperature, or loss of or change in the sense of taste or smell.

If a child does not have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they do not need to be tested and they and you do not need to self-isolate. Your child can go to school if fit to do so.

If a COVID-19 test is required, this should be arranged via the UK Booking Portal, <a href="https://gov.wales/apply-coronavirus-test">https://gov.wales/apply-coronavirus-test</a> or by ringing 119. Testing is available within Carmarthenshire, Ceredigion and Pembrokeshire or via a home testing kit delivered to and collected from your home. The COVID-19 test is undertaken via a throat swab or combined throat and nose swab.

If you or your child feels unwell and you need medical advice, please phone NHS 111 or visit their website 111.wales.nhs.uk, or call your local GP.

It is important that we all remain vigilant and maintain social distancing and continue to wash our hands frequently and practice good respiratory hygiene to prevent the spread of the virus as much as we can.

We hope that the information we've provided is reassuring and helpful during what we appreciate can be an anxious time. As always, we appreciate your continued support. If you have any questions, please do not hesitate to get in touch.

Ysgol Harri Tudur / Henry Tudor School